LHE celebrated Multicultural Night on Feb 12. Students, teachers and families shared food and information from the many cultures we represent in our school. Thank you to the families for their generosity in sharing with our community. And thank you to our guest performers: the Muckleshoot Tribe and Morning Star Korean Cultural Group.

Mark Your Calendar!

February

Traveling Suitcase: Justice and Action
Celebrate African American History and Black Lives Matter
26 Auction tickets sales close
28 School Family Dance, LHE Commons; Auction wine donation collection outside of Family Dance

March

Traveling Suitcase: Courage & Being An Upstander; Celebrate Women’s History
2 Read Across America Day
Auction wine donations due
6 Community Circle
10 Yearbook Cover Art Submissions Due Equity Group Meeting, 7:30 pm
11 Classroom Auction Art due
16 Auction catalog goes live online
Online Auction closes at Noon
19 Kid Art Preview at The Dane
20 Kid Raffle tickets due
21 PTA Auction, Nordic Museum
23 Kid Raffle prizes announced
26 Class Picture Day
27 Spelling Bee, LHE Commons

April

Traveling Suitcase Theme: Respect
Raise Disability Awareness
3 Community Circle
4-5 Alice in Wonderland Jr. at Ballard HS
13-17 Spring Break (No School!)
30 Science Fair; yearbook orders due
Dear Loyal Heights Community,

I want to thank you as individuals and as a PTA for welcoming me to this wonderful community. As we approach the budget season and the annual auction, I can’t help but make the connection with how passionate and dedicated community members are to Loyal Heights. This includes supporting your children at home, volunteering at school, and through fundraising. The theme of community was a common sentiment raised at the recent kindergarten and new family tours. I received overwhelmingly positive feedback indicating families are excited to begin next fall. This included many families trying to choose into our school. While our numbers are capped, with priority reserved for those living in our zone, this desire to enroll is indicative of the wonderful programming our school has to offer.

On January 22, the Discipline Committee introduced the new discipline plan to our staff for review/feedback. The plan was then introduced to students in grade-specific Hallway Huddles. This is when grade levels gather with the administration, teachers, and staff to address concerns, new efforts, or celebrations. Highlights include having students define “Discipline” as to teach (discipline) and learn (disciple), and “Reflection”, which means to look at yourself and your role in an incident including cause/action/impact/etc. I informed every grade that while the administration takes discipline seriously and that actions have consequences, we are committed to helping students learn from their mistakes. Our discipline plan connects with the PBIS S.T.A.R. (Safe, Thoughtful, Accountable, Respectful) attributes and the Mood Meter, and uses a restorative approach. The plan includes the following:

- Step 1: This is handled and decided by teacher or staff monitor in various spaces around school.
- Step 2: A “S.T.A.R. Blueprint Reflection Sheet” that is age appropriate based on grade. This form will come home to parents and include a student reflection on one side, and teacher/parent details on the back side.
- Step 3: Referral to the administration. At the minimum, myself or Ms. Sanchez will speak with students and contact parents.

As of February 10, we have gone live with our new plan with the new philosophy:

“Loyal Heights believes in a discipline philosophy that is clear and predictable and plans to resolve and change unexpected behaviors. Our approach is a just, equitable, and empathetic learning experience.”

We recently had an assembly led by Taproot Theatre, which put on a show about bullying—reinforcing themes we covered. I would like to highlight a few lessons and ask that you reinforce these messages at home:

- Bullying is defined as “Unwanted,” “Repeated,” “Targeted towards a group or individual,” and “Shows a real or perceived imbalance in power.”
- Follow the 3 Rs: “Recognize, Refuse, Report.”
- Know the difference between “Reporting” and “Tattling.” Reporting is an attempt to get help and tattling is done for the purpose of getting someone in trouble.

There are many efforts taking place at school and a lot of upcoming community-based events we would love for you to attend. Thank you for reading this message and if you ever have any questions or wish to meet with myself or any staff member, do not hesitate to contact the school.

Sincerely,
Michael Berkenwald
Ticket sales close at midnight on Wed, Feb 26

Go to: lhes.ejoinme.org/tickets

**FULL FLAMINGO TICKETS:** General Admission and Cocktail tickets have closed, but it’s not too late if you hurry! There are only 32 Full Flamingo tickets available.

**STAFF SPONSORSHIPS:**
Please consider sponsoring a teacher/staff ticket. Each year, the PTA covers the cost of staff tickets, so when you sponsor a staff member, you help direct more funds to our students. Simply select a staff sponsorship level when purchasing your auction tickets. As a thank you, your name will be displayed on a staff table at the event.

**DRINK TICKETS:** Pre-buy drink tickets. You’ll be able to skip the line to buy drink tickets and go straight to the bar when you arrive.

**GLASSYBABY DRINKERS:** We’re pre-selling the popular Glassybaby Drinker. It’s a fun way to take home a colorful memento and have unlimited drinks for $125. Pre-buy now—quantities will be limited at the event.

Questions about tickets? Contact our Tickets and Tables Lead, Amy Tsang at auctiontickets@loyalheightspta.org

**AUCATION RAVES**

**RAVE to the auction procurement team** who kicked butt getting amazing items donated: Andrea Bernarding, Missie Smith, Beth Gardner, Christie Gersack, Stephanie Gardner, Sara Adelman, Kajsa Puckett, Jessie Hammer, Melissa Murray, Jennifer Lund, Katrina Hupp, Mikelle Erikson, Alison McCabe, Brendan Power, and Stephanie Jones.

**RAVE to the awesome auction volunteers** making it happen!

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**Auction Announcements**

**Business Sponsorship**
This is a great tax-deductible way to advertise your business to the 1,000+ LHE parents, teachers, and students who live in and around Ballard. Sponsorship opportunities are here: lhes.ejoinme.org/sponsorship. Interested? Email procurement@loyalheightspta.org

**Raffle Tickets**
$2 Raffle Tickets are coming home so get your kiddos excited to sell! This is an exciting way for students to support their school. Stay tuned for more details about weekly prizes that will be awarded to the top sellers. Attendance at the auction is not necessary to win the $1,000 prize.

**Event Volunteers Needed**
It takes an army of volunteers to pull off this fundraiser. We need lots of hands the day of the big event and the day before. The easiest way to get involved is with our Auction Volunteer Signup Genius that’s coming soon. You can also email our Volunteer Coordinator, Melissa Fuller at melissapfuller@gmail.com

**Dick’s and MOD Lunches: Parent Sponsors Needed**
Dick’s Lunch and MOD Pizza Lunch are back! If there’s a reason to get to the auction early, this might be it! In the silent auction, we sell a Dick’s lunch for 20 spots per grade: your child gets a Dick’s hamburger, fries, and shake delivered on a designated day. Kids go nuts for it and parents get to skip packing a lunch! The MOD Pizza Lunch is similar and is sold during the online auction.

How it works: generous parent donors help coordinate and pay for each grade. Many grades have more than one parent to share costs. This is a big money maker for our school since the money goes straight to the school. The parent sponsors schedule the day of the lunch delivery (with front office approval), pick up the lunches, and distribute to the students during lunch. We’re still looking for a few more sponsors for these two special items. If you are interested in helping, please email us at: procurement@loyalheightspta.org
**Auction Wine Toss**

We're bringing back an auction favorite!

**How it works:** Parents donate wine valued at $20 or higher. At the auction, you can buy a ticket to "toss" a ring and get a bottle of wine. The bottle you get will be worth at least $20 or much, much more!

**How to help:** Buy some wine valued at $20+. Or check out the deal at BevMo for buying two bottles: buy one, get the second for $0.05! Bags and tags came home in Kidmail before break. Please attach the tag with donor name (or anonymous) and value. Include your email if you'd like a donation receipt.

**Dropoff spots (we cannot have wine at school):** Bring your tagged bottle to a drop spot outside the Family Dance on Fri, Feb 28 or drop off at one of these houses:
- 8029 26th Ave NW (Katrina Hupp)
- 8342 21st Ave NW (Whitney Haas Otto)
- 8007 Earl Ave (Natalie Ward)
- 7516 30th Ave NW (Jayne Noland)

**Wine Donation Suggestions**
- K: White (any)
- 1st: Cabernet
- 2nd: Merlot
- 3rd: Pinot Noir
- 4th: French
- 5th: Italian

**What to Wear?**

Dress up for the event of the year! Costumes and creativity are highly encouraged! Whether you choose a caftan or muumuu, lifeguard garb or board shorts, tank top with flip-flops or a flamingo-decked ball gown... choose your outfit and go all in! We can’t wait to see your epic ensemble on March 21!

**Dessert Dash**

We need desserts! Donating a dessert is a perfect way to contribute to the auction!

There are many delicious and fun dessert ideas: cakes, cupcakes, donuts, Girl Scout cookies, candies and more! It’s your chance to be creative!

If you would like to donate or have any questions, please contact the Dessert Dash Leads, Cadi Gabel and Ally Magnano at dessertdash@loyalheightspta.org.

**Flocking Flamingos for LHE**

Have our flocking crew send a flamboyance of flamingos to your friends, family and neighbors!

This is a fun way you can donate to LHE!

Email requests to flockingflamingos@loyalheight.org.

**Stay In The Know About the Auction**

Look for our dedicated Auction News Email each week from the PTA, check out our LH Auction website and like us on Facebook @lhptaauction for lots of important stuff.

**Kid Art at The Dane**

Mark your calendars for a special art viewing on Thurs, Mar 19. Kid Art will be at The Dane—this is a sneak peek of the masterpieces that will be in the live auction at the Beaver Beach Bash. The entire family is welcome!
Polar Bears are... the... Largest Animals and most Powerful In the Arctic. they have Black skin and oily fur and layers of Blubber that Help keep them warm. and they Eat seals and fish-catch fish with claws.

By Emmett Johnson, 2nd grade

Family portraits from Ms. Gayan’s 1st grade class

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**Student Writing Showcase**

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**Read Across America Day is March 2nd!**

LHE will join schools across America in celebrating literacy. Nationally, March 2nd is Read Across America Day where schools do different activities to celebrate reading. Our Loyal Heights celebration will include:

- School-wide pajama day
- Students are encouraged to bring their favorite book to school
- School-wide “Drop Everything and Read” times announced by Mr. Berkenwald
- Classroom activities will vary, so stay tuned for more information from your classroom teacher
- Each student will receive a bookmark

We look forward to celebrating reading with you!
**Black Lives Matter at School Week and Black History Month**

From Feb 3-7, LHE students engaged with Black Lives Matter at School by discussing two of the BLM 13 principles, empathy and diversity. Students read books like *The Colors of Us* by Karen Katz and *Let’s Talk About Race* by Julius Lester to help them thoughtfully consider their own racial identities. Students of all grades are learning about a variety of African American leaders and innovators this month. In art class, 4th graders made inclusion signs to hang on doors and 5th graders used symbols to illustrate BLM principles such as: loving engagement, empathy, diversity, and restorative justice.

In honor of the BLM at School Week of Action and Black History Month, the PTA Equity Group invites you to take a little time to complete a daily challenge. Some challenges will be geared towards adults, while others you can do with your kids. We hope this will give you a chance to engage with your child in the ideas and conversations LHE students are having.

**Day 1: Implicit Bias.** Watch The New York Times 2-minute video *Peanut Butter, Jelly and Racism* then take the Harvard Implicit Bias Test to learn about your own biases (select the “Race IAT” after clicking link).

**Day 2: Read a Book With Your Child.** Check out and read one of these books compiled by The Seattle Public Library with your children (seattle.bibliocommons.com/list/share/95587331_janamartz/1571698499_blm). Don’t have time to go to the library? Check out an ebook online.

**Day 3: Listen to a Podcast.** Listen to The New York Times audio series 1819’s *How the Bad Blood Started*. Learn how Black Americans were denied access to doctors and hospitals for decades.

**Day 4: Visit the NW African American Museum** (2300 S. Massachusetts St). From NAAM’s website (naamnw.org): “At the heart of the African American experience in the Northwest is the story of our journey to this region, the establishment of our vibrant community, and the ways in which we have survived. To tell this ever-unfolding story, the Museum’s exhibitions and programs feature the visual arts, music, crafts, literature and history of African Americans in the Northwest.”

**Day 5: Watch a Movie.** Watch *The Last Black Man in San Francisco* (rated R). Jimmie Fails dreams of reclaiming the Victorian home his grandfather built in the heart of San Francisco. Joined on his quest by his best friend Mont, Jimmie searches for belonging in a rapidly changing city that seems to have left them behind.

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**Multicultural Families Group Event**

Please join LHE in hosting Ballard High School representatives of the Asian, Black, and Latinx student unions. They will come and share their experiences attending predominantly white elementary schools, with demographics similar demographics to LHE. The students will also share what they’re doing as part of their student unions to help all students feel more comfortable engaging in conversations about race and equity, and to ensure everyone’s voice at Ballard High is heard. This should be a fun night for both groups of students to learn from one another. Pizza will be served and all students are welcome!

Wed, March 18 at 6 pm in the LHE Commons. RSVP to bmrider@seattleschools.org
I was riding home in the back of the bus home from school and a woman got on. Their was nothing extraordinary about her except the fact she looked tired. She sat down next to me and I soon heard her name was Rosa Parks. She rode a few blocks and then a man got on and because the front half was full he asked Rosa to get up. She ignored his so he asked again. She refused. He calmly walked up to the front of the bus and told the bus driver. When the police came a police officer walked up to Rosa and put her handcuffs on her and walked away. I ran home and cried for the injustice of African Americans.

By Emerson, 4th Grade

The Voting Rights Act

The Voting Rights Act is a law that Lyndon B. Johnson signed to make it a law in 1965. It made African Americans able to vote. Even though the law was passed some southern states and cities still didn’t allow them to vote. In 1964 only 6% of African Americans were aloud to vote. But in 1969 59% were allowed to vote. At the signing MLK Jr. and other civil rights leaders were present!

By Sadie, 4th Grade

Hello Beavers,

The Spelling Bee Committee has come up with a date for our extremely fun Spelling Bee for 4th and 5th graders. The event will take place in the library on Fri, Mar 27 from 4-6 pm, or whenever it ends! Look for permission slips coming home in the next few days!

More information will be coming home closer to March.

—Cooper Swart, 5th grade, Student Council

The Ballard High School Jazz Band will be performing at the 25th Annual Starbucks Hot Java, Cool Jazz Concert on March 27 at the Paramount. The concert raises funds for the participating schools. Tickets are on sale now and 100% of the ticket proceeds sold at the Ballard Starbucks (22nd and Market) until Mar 20 will go to the Ballard HS jazz program.

Ticket sales for all four performances of LHE’s Alice in Wonderland Jr. are live! Shows sell out and once we hit the maximum occupancy of the theatre no one else may enter. Go to thetag.org to confirm which shows your friends perform and buy tickets. It’s going to be a magical adventure!

Just for Kids!

What is more amazing than a talking dog? A spelling bee!
An anti-littering TV campaign in the 1970's called *Keep America Beautiful* showed a Native American in tribal dress overlooking a polluted landscape. The camera zoomed in on a tear running down his cheek. 50 years later, a mournful man is a fitting metaphor for Planet Earth. There are many ways our environment is at risk, and pollution is still one of them. Our little spot of the planet at LHE sees its share of litter.

Mr. Bin picks up what he can. Other adults I know (Jean, Emily, Dot, Eric, perhaps you!) do it too. There’s a kindergartner who loves to locate strings and plastic bits. It truly takes a village to keep the LHE schoolyard clean since litter collecting is an ongoing effort. Kids on the play structure lose their hairbands and ponytail holders throughout the year. Band-Aids detach and flutter to the ground unnoticed. And after every class party comes 400+ backpacks bursting with candy wrappers and lollipop sticks that can squeeze out in an excited lurch toward the playground or get caught by the wind (because we know kids aren’t littering on purpose, right?).

Whether adult or a child, you can be a role model litter-buster. Put trash in the garbage or pack it out, and urge others to do the same. Pick up trash on your way to school (and elsewhere!). Of course, kids should always have an adult pick up sharp items like needles or glass. I can happily report that I have not found any sharps or related hazards in my litter-busting at LHE.

Think how much we could achieve if everyone in the LHE community picked up litter routinely. It would move us a long way toward modeling eco-thoughtful habits and keeping America beautiful.

P.S. This is my family’s last year at LHE, so I ask you to continue to be a litter-buster next year too!

**LHE Family Dance This Friday**

**Friday, Feb 28, 6:30-8:00 pm**

*Sensory friendly soft start at 5:30 with low volume music and full lights*

**LHE Commons and Gym**

Join us this Friday for the LHE Family Dance to help the 5th Grade raise money for Camp Orkila! There will be food, music and activities for everyone.

*Music and dancing in the Gym! Limbo and dance contests! Hunger Intervention Program packing station! Young kids crafts table! Quiet movie room to escape the noise!*

Food is being sold to help fund the 5th Grade trip to Camp Orkila this year. Come dance, eat and help our 5th graders raise money for their year-end trip! This is an all-ages event and children must be accompanied by an adult.

Volunteers are needed: signupgenius.com/go/70a0d4aaeae2ca3fc1-family

Contact Kathy Katzen in the office if you would like assistance with transportation or food ticket costs. See you there!

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**Food Menu**

Slice of pizza with carrots or clementine ($3)

Hot dog with carrots or clementine ($3)

2 pulled pork sliders with carrots or clementine ($6)

Chips, Cheez-Its ($1)

La Croix or juice box ($1)

Bake Sale: Red Vines (3 for $1), desserts and more

**CASH ONLY PLEASE!**

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**Just for Kids!**

What dance do all astronauts know?  

The moonwalk.

Camping by Clara

“Pack your bags. We’re going camping!” my Dad said as I walked down the stairs for breakfast. As soon as I heard that I dashed down the stairs. “But I thought camping was not for another week.” But I remembered that week we were staying at my grandma’s house. So then I shrugged. I went back up to my room to pack my bags. When I was done I heard my dad calling me to come. So then I dashed outside to the car. When we started to move I rolled down the window and felt the cold air brush across my face. When we got there I helped my dad set up the tent. When we were on the last post the whole thing fell down right on me. But then we tried again that time we got the tent up. Then in the afternoon we went on a hike. When we got back it was getting dark. So we decided to make a fire and roast marshmallows. Then it was time for bed. I lay in my sleeping bag thinking about my brother and sister where doing right now and then I fell into a deep sleep.

Hawaii by Luke

One day my Mom and Dad woke me up early. We were going to Hawaii, for 10 full days and 2 travel days. Then once I had got out of bed and got dressed we went to wake my sister up. Once we had all gotten ready, we piled into the car. We were on our way. Once we all got to the airport, my dad parked the car, and we waited for him. Once he was back we started to look for some of my grandparents (my Grandma Paggy, Grandma Sharon and Grandpa Paw). First we called my Grandma Peggy. She told us where she was. We soon found her. She gave us books. One for me, one for my sister and one for my brother. Then we saw our other grandparents. We ran over to meet them. After that we weighed our baggage (gosh it was heavy), went through security (I HATE security), and did that stuff. When we got to the waiting area, we all went to the bathroom and then came back and went to the gift shop. Unfortunately we came back empty handed. We waited for a while. I saw a really nice dog but there was really nothing to do. Then we got on the plane. I looked at the book with my Grandma Peggy. (We both love dogs.) I read books, talked, and watched tv. I also played lairs poker with my dad, mom, grandpa Paul, and grandma Peggy. It was very fun. When it was time to land, I felt a sharp pain coming from my ear. I told my parents I wish I had never been born! When we landed we got of the plane and I inhaled the warm humid air of HAWII!

Yearbook: Cover Art Contest, Photos Needed, Order One Today!

Yearbook Cover Art Contest is Back!

All students are invited to submit their art for consideration for the yearbook cover by March 10. Design the front or back cover. Make it colorful and bring your creativity and imagination. More details are here: https://files.constantcontact.com/bc959002201/6a6b5183-6f09-480c-bf33-9d37c542719c.pdf. Submit your artwork to the office (PTA desk tray). Make sure to put your name, grade and teacher on the back of your artwork!

Call for Yearbook Photos!

If you have some photos from your student’s classroom, please submit them ASAP to Brandon Garcia (brandoncgarcia@gmail.com). We need lots of photos of classrooms, field trips and activities to fill our book with great memories!

ORDER YOUR YEARBOOK TODAY!

Yearbooks are on sale through April 30 at yuenluischools.com (search Loyal Heights). Handouts went home in Kid-Mail if you prefer to pay by check or cash. Return the form with payment to the PTA lock box in the main office. Yearbooks are $14.50.
RAVE to Anna Nodolf for taking beautiful photographs and sharing them with us all.

RAVE to the families who are hosting our February Staff Appreciation event.

RAVE to Diana Solorzano and Meeah Park for organizing Multicultural Night and to all the volunteers who helped set up and clean up.

RAVE to all the parents and students proudly representing their heritage on Multicultural Night (and for feeding us excellent cuisine).

RAVE to all those who made Black Lives Matter a special and meaningful celebration.

RAVE to Jessie Hammer, Sabrina Savarin, Stephanie Gardner and Katrina Hupp for leading school tours for new families.

RAVE to Sarah Mann for leading the Reader Board for so long and helping to train the new volunteers.

RAVE to Danielle Kisker and Michelle Rodelo for bringing in Barbara Coloroso to speak on Parenting with Wit and Wisdom and Bullying.

RAVE to Morgan Cox for coordinating the Afterschool Enrichment and helping find and train someone to take over the position.

RAVE to Jan Johnson for organizing the Traveling Suitcase month after month.

RAVE to Zane Miller for organizing the LHE Family Dance and to Whitney Haas for organizing the food sales as a 5th grade fundraiser.

RAVE to Eli Weisz and Principal Berkenwald for making sure the LHE Family Dance will be accessible and approachable for all.

RAVE to Marissa Kaiser for coordinating the Hunger Intervention Project and to all the families who donated food.

RAVE to the Equity Committee for organizing the upcoming the book discussion.

RAVE to all our room parents coordinating parties, putting together auction items, and forever forwarding important messages to your classes.

RAVE to Chris Stearns, Melissa Fuller, Nick Stuckart and Danielle Pace for keeping our kids safe as Crossing Guard Supervisors.

RAVE to the MANY parents coming in as lunchroom volunteers.

We love to share your RAVES! Let us know (no rants accepted).

All volunteer opportunities in one place!

loyalheightspta.org/volunteer

We're still looking for more Crossing Guard Supervisors and Lunch Room Helpers.

More opportunities are in the Weekly Update or please email volunteer@loyalheightspta.org.